**Newbrough Primary School**

**PE Long Term Plan**

|  |  |  |
| --- | --- | --- |
|  | **Cycle A** | **Cycle B** |
| **EYFS** | * Me and myself * Aquatics * Dance * Ball skills   REAL PE progression focussing on:   * Personal * Social * Cognitive * Creative * Physical * Health and fitness | * Fun and games * Aquatics * Dance * Throwing and catching   REAL PE progression focussing on:   * Personal * Social * Cognitive * Creative * Physical * Health and fitness |
| **Swimming in Spring Term for Reception** | |
| **KS1** | * Dodgeball * Dance * Gymnastics * Rounders * swimming | * Football * Dance * Netball * Athletics * swimming |
| **One PE lesson will be REAL PE session developing personal and fundamental movement skills.** | |
| **LKS2** | * Football * Dodgeball * Dance * Handball * Rounders * Basketball * Swimming | * Tag rugby * Gymnastics * Dance * Hockey * Netball * Athletics * Swimming |
| **One PE lesson will be REAL PE session developing personal and fundamental movement skills.** | |
| **UKS2** | * Football * Dodgeball * Dance * Handball * Rounders * Basketball * Swimming | * Tag rugby * Gymnastics * Dance * Hockey * Netball * Athletics * Swimming |
| **One PE lesson will be REAL PE session developing personal and fundamental movement skills.**  When swimming, children will not be taught REAL PE | |