**Newbrough Primary School**

**PE Long Term Plan**

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|  | **Cycle A** | **Cycle B** |
| **EYFS** | * Me and myself
* Aquatics
* Dance
* Ball skills

REAL PE progression focussing on:* Personal
* Social
* Cognitive
* Creative
* Physical
* Health and fitness
 | * Fun and games
* Aquatics
* Dance
* Throwing and catching

REAL PE progression focussing on:* Personal
* Social
* Cognitive
* Creative
* Physical
* Health and fitness
 |
| **Swimming in Spring Term for Reception** |
| **KS1** | * Dodgeball
* Dance
* Gymnastics
* Rounders
* swimming
 | * Football
* Dance
* Netball
* Athletics
* swimming
 |
| **One PE lesson will be REAL PE session developing personal and fundamental movement skills.** |
| **LKS2** | * Football
* Dodgeball
* Dance
* Handball
* Rounders
* Basketball
* Swimming
 | * Tag rugby
* Gymnastics
* Dance
* Hockey
* Netball
* Athletics
* Swimming
 |
| **One PE lesson will be REAL PE session developing personal and fundamental movement skills.** |
| **UKS2** | * Football
* Dodgeball
* Dance
* Handball
* Rounders
* Basketball
* Swimming
 | * Tag rugby
* Gymnastics
* Dance
* Hockey
* Netball
* Athletics
* Swimming
 |
| **One PE lesson will be REAL PE session developing personal and fundamental movement skills.**When swimming, children will not be taught REAL PE |